

INTRO TO THE ZODIAC



Aries. To create. To bring to life. To establish and defend identity. To see. To launch. To trailblaze. The head.



Taurus. To maintain. To sustain. To ground. To support. To create, nurture, and express values. The throat and mouth.



Gemini. To engage. To explore the immediate environment. To communicate. To take in information. To learn. The arms, hands, and lungs.



Cancer. To recreate. To promote tradition. To perpetuate cycles. To remember. To nourish. To mother. The breasts and stomach.



Leo. To perform. To draw attention. To entertain. To lead. To inspire. To lean into love and generosity. To give life. The heart and back.



Virgo. To dissect. To integrate. To establish a system and routine. To ritualize. To manage. To perfect. The intestines.



Libra. To connect. To balance. To harmonize. To establish and protect fairness. To bring to justice. To refine. The kidneys.



Scorpio. To purge. To uncover. To decompose. To analyze. To plot. To dive deep. To release. The sex organs and colon.



Sagittarius. To explore human existence. To ponder. To philosophize. To ask the big questions. To expand. To enrich. To teach. To guide. The liver.



Capricorn. To establish. To construct. To limit. To create boundaries. To earn. To command. To solidify. The musculoskeletal system and the knees.



Aquarius. To unionize. To break free. To question the status-quo. To network. To idealize. To invent. To create novelty. The nervous system and shins.



Pisces. To transcend. To dream. To dissolve. To bring a greater meaning to life. To empathize. To recognize divinity. The feet and lymphatic system.